


# Orchard Heights July Recreation Calendar for West Wing

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Happy Birthday Sally Mangus July 7		<b>1</b> 9:30 Exercise—R6 10:00 Snack and Chat-R6 10:30 Kitchen Creations-R6 11:15 Rosary- R6 1:30 Bean Bag Horseshoes L6 2:00 2:15 Happy Hour-R6 3:00 Horseraces-R6 4:00 Spelling Bee-R6 4:30 Word Games-R6 6:15 Dart Games-R4 7:00 Karaoke-L7 7:30 News and Nibbles R7	<b>2</b> 9:30 Exercise R6 10:00 Snack and Chat R6 10:15 Communion svc.-R6 11:15 Manicures-R6 1:30 <b>Sing with Ron-R6</b> 2:30 Happy Hour-R6 3:00 Crafts-R6 4:40 Trivia-R5 6:15 Bingo-R7 7:30 Evening stroll-R7 8:30 Evening snack-R7	<b>3</b> 9:30 Exercise-R6 10:00 Snack/Have You Ever?-R6 10:30 Table Games-R6 11:30 Horseshoes-L6 1:30 Beauty Club-W6 2:30 Move to music-R6 3:15 Bowling—R6 4:00 Help Wanted-W6 6:15 Chicken Soup for the Soul-R5 7:00 Sing a long-L7 8:00 News and Nibbles-R7	<b>4</b> 9:30 Exercise-R4 10:00 Tea and Cookies –R4 10:15 Daily Thoughts –R4 10:30 Just Desserts-R4 11:15 Scatch Ball-R4 1:30 Move to Music-R4 <b>2:15 4th of July Party-S4</b> 3:00 Crafts-P4 4:00 Remember When-R4 4:45 Trivia-R7 7:00 News and Nibbles-R7
<b>5</b> 9:30 Exercise-R4 10:00 Snack and Chat-R4 10:30 Bingo-R4 1:30 Sing and Stroll-R4 2:00 <b>Armor Bible Presbyt. Svc-A4</b> 2:30 Happy Hour-R4 3:00 Reading Circle-R4 3:30 Crazy Eights-A4 4:45 Ball Exercises-R5 6:30 Movie -R7	<b>6</b> 9:30 Exercise -R6 10:15 Austin and Bear Visit-R8 10:30 Snack/Things we like -R6 11:00 <b>Memories in the Making—W6</b> 1:45 Twist Practice -R6 2:00 Card club-R6 3:00 Memories Game-R6 4:00 Shake loose a memory-R6 4:45 Guess how many Goldfish-R5 6:15 Dancing with scarves R5 7:00 Bingo R7 7:30 Evening snack-R7	<b>7</b> 9:30 Exercise -R6 10:00 Snack and chat-R6 10:30 Special Moments-W6 11:15 Name Three-R6 1:30 Reading Circle-R6 2:00 Ice Cream Parlor Walk-R6 <b>4:00-7:00</b> <b>1950's Family and Friends Picnic</b>	<b>8</b> 9:30 Exercise—R6 10:00 Snack and Chat-R6 10:30 Kitchen Creations-R6 <b>11:00 Mass at the Basilica-O6</b> 11:15 Rosary- R6 1:30 Bean Bag Horseshoes L6 2:00 Remembering Antique Cars-R6 2:15 Happy Hour-R6 3:00 Horseraces-R6 4:00 Spelling Bee-R6 4:30 Word Games-R6 6:15 Dart Games-R4 7:00 Karaoke-L7 7:30 News and Nibbles R7	<b>9</b> 9:30 Exercise R6 10:00 Snack and Chat R6 10:15 Communion svc.-R6 11:15 Manicures-R6 1:30 <b>Sing with Ron-R6</b> 2:30 Happy Hour-R6 3:00 Crafts-R6 4:40 Trivia-R5 6:15 Bingo-R7 <b>6:15 Pavilion Concert-O6</b> 7:30 Evening stroll-R7 8:30 Evening snack-R7	<b>10</b> 9:30 Exercise-R6 10:00 Snack/Have You Ever?-R6 10:30 Left Right Center-R6 11:30 Horseshoes-L6 1:30 Beauty Club-W6 2:15 Raspberry Sundaies 3:15 Bowling—R6 4:00 Help Wanted-W6 6:15 Chicken soup for the soul-R5 7:00 Sing a long-L7 8:00 News and Nibbles-R7	<b>11</b> 9:30 Exercise-R4 10:00 Tea and Cookies –R4 10:15 Daily Thoughts –R4 10:30 Just Desserts-R4 11:15 Basketball-R4 1:30 Move to Music-R4 <b>2:15 Dennis Denmehy in concert-D4</b> 3:00 Happy Hour-R4 4:00 Remember When-R4 4:45 Trivia-R7 7:00 News and Nibbles-R4
<b>12</b> 9:30 Exercise-R4 10:00 Snack and Chat-R4 10:30 Bingo-R4 1:30 Sing and stroll-S4 2:00 Inspirational Walk 2:30 Happy Hour-R4 3:00 Poetry Circle-R4 3:30 Crazy Eights-R4 4:45 Ball Exercises-R5 6:30 Movie -R7 7:00 Evening snack-R7	<b>13</b> 9:30 Exercise -R6 10:00 Snack/Things we like -R6 10:30 Penny Pitch -R6 11:00 <b>Memories in the Making—W6</b> 2:30 Happy Hour-R6 3:00 Blurt-R6 4:00 Shake Loose a memory-R6 4:45 Ring toss-R5 6:15 Dancing with scarves R5 7:00 Bingo R7 7:30 Evening Snack-R7	<b>14</b> 9:30 Exercise -R6 10:00 Snack and chat-R6 10:30 Special Moments-W6 11:15 Name Three-R6 1:30 Dice Games-D6 2:15 Painting Raspberries-R6 3:30 Wii-Baseball-P6 4:45 Sing a long-P7 6:15 Uno Cards-R7 7:00 Snack-R7 7:30 Trivia R7	<b>15</b> 9:30 Exercise—R6 10:00 Snack and Chat-R6 10:30 Kitchen Creations– R6 11:15 Rosary- R6 1:30 Bean Bag Horseshoes L6 <b>1:45 Ride to Buffalo Farm-O6</b> 2:15 Happy Hour-R6 3:00 Horseraces-R6 4:30 Word Games-R6 6:15 Dart Games-R6 7:00 Karaoke-L7	<b>16</b> 9:30 Exercise R6 10:00 Snack and Chat-R6 10:15 Shake Loose a memory-R6 11:15 Manicures-R6 1:30 <b>Sing with Ron-R6</b> 2:30 Happy Hour-R6 3:00 Crafts-R6 4:40 Trivia-R5 6:15 Bingo-R7 7:00 Evening Stroll-R7	<b>17</b> 9:30 Exercise-R6 10:00 Snack/Have You Ever?-R6 10:30 Table Games-L7 11:30 Horseshoes-L6 1:30 Beauty Club-W6 1:45 Dollart store trip-O6 2:15 Move to Music-W6 3:15 Bowling R6 4:00 Help Wanted-L7 6:15 Chicken Soup for the Soul-R5 7:00 Sing a long-L7 8:00 News and Nibbles-R7	<b>18</b> 9:30 Exercise-R4 10:00 Tea and Cookies –R4 10:15 Daily Thoughts –R4 10:30 Just Desserts-R4 11:15 Balloon volleyball-L4 1:30 Move to music-R4 2:15 I Got it-R4 3:30 Horseraces-P4 4:00 Remember When-R4 4:45 Trivia-R4 7:00 News and Nibbles-R4
<b>19</b> 9:30 Exercise-R4 10:00 Snack and Chat-R4 10:30 Bingo-R4 1:30 Sing and Stroll-R4 2:00 <b>Southtowns Christian Assoc-A8</b> 2:30 Happy Hour-R4 3:00 Reading Circle-R4 3:30 Crazy Eights-R4 4:45 Ball Exercises-R5 6:30 Movie -R7	<b>20</b> 9:30 Exercise -R6 10:00 Snack/Things we like -R6 11:00 <b>Memories in the making-W6</b> 1:45 Walking club-R8 2:00 Card Club-R6 2:30 <b>Ice Cream Float social-R6</b> 3:15 Memories Game-R6 4:00 Scavenger hunt-R6 4:45 Ring toss-D5 6:15 Dancing With scarves R5 7:00 Bingo R7 7:30 Evening Snack-R7	<b>21</b> 9:30 Exercise -R6 10:00 Snack and Chat-R6 10:30 Special Moments-W6 11:15 Name Three-R6 1:30 Dice Games 2:00 Ice Cream Parlor Walk-R6 <b>3:00 Community meeting-R6</b> 4:45 Sing a long-P7 6:15 Uno Cards-R7 7:30 Trivia R7	<b>22</b> 9:30 Exercise—R6 10:00 Snack and Chat-R6 10:30 Kitchen Creations R6 11:15 Rosary- R6 1:30 Bean Bag Horseshoes-L6 2:15 Happy Hour –R6 3:00 Community Meeting=R7 4:00 Parachute Games-R7 6:15 Dart Games –R4 7:00 Karaoke-L7 8:30 News and Nibbles R7	<b>23</b> 9:30 Exercise R6 10:00 Snack and Chat R6 10:15 Communion-R6 11:15 Manicures-R6 1:30 <b>Sing with Ron -R6</b> 2:30 Happy Hour-R6 3:00 Crafts-R6 4:30 Trivia-R5-R7 6:15 Bingo-R7 7:00 Evening Stroll-R7	<b>24</b> 9:30 Exercise-R6 10:00 Snack/Have You Ever?-R6 10:30 Left Right Center-W6 11:15 Horseshoes-L6 1:30 Beauty club 2:15 Move to Music-W6 3:15 Bowling –R6 4:00 Help Wanted-L7 6:15 Chicken Soup for the Soul-R5 <b>7:00 Ride to Charlapp-O5</b> 8:00 News and nibbles-R7	<b>25</b> 9:30 Exercise-R4 10:00 Tea and Cookies –R4 10:15 Daily Thoughts –R4 10:30 Just Desserts-R4 11:15 Darts-R4 1:15 I got it-R4 3:00 Goin' Fishin-P4 4:00 Remember When-R4 4:45 Trivia-R4 7:00 News and Nibbles-R
<b>26</b> 9:30 Exercise-R4 10:00 Snack and Chat-R4 10:30 Bingo-R4 1:30 Sing and Stroll-R4 2:00 <b>Old Time Baptist Church Svc-A8</b> 2:30 Happy Hour-R4 3:00 Reading Circle-R4 4:00 Crazy Eights-R4 4:45 Ball Exercises-R5 6:30 Movie -R7 7:00 Evening snack-R7	<b>27</b> 9:30 Exercise -R6 10:00 Snack/Things we like -R6 10:30 Penny Pitch -R6 11:00 <b>Memories in the Making-W6</b> 1:45 Walking club-R6 2:30 Happy Hour-R6 3:00 Blurt-R6 4:00 Shake loose a Memory-R6 4:45 Ring toss-R5 <b>6:15 Movie Madness- P5</b>	<b>28</b> 9:30 Exercise -R6 10:00 Snack and Chat-R6 10:30 Special Moments-W6 11:15 Name Three-R6 2:00 Ice Cream Parlor Walk-R6 2:30 Dice Games-R6 3:15 Who am I?-Character of the month-R6 4:45 Sing a long-P7 6:15 Uno Cards-R7 7:00	<b>29</b> 9:30 Exercise—R6 10:00 Snack and Chat-R6 10:30 Kitchen Creations R6 11:15 Rosary- R6 1:30 Bean Bag Horseshoes-L6 2:15 Happy Hour –R6 3:00 Horseraces-R6 4:00 Parachute Games-R7 6:15 Dart Games –R4 7:00 Party on the Portico-P7 7:30 News and Nibbles R7	<b>30</b> 9:30 Exercise R6 10:00 Snack and Chat R6 10:15 Communion-R6 11:15 Manicures-R6 12:00 Picnic on the Patio-R6 1:30 <b>Sing with Ron -R6</b> 2:30 Happy Hour-R6 3:00 Crossword Puzzles-R6 4:40 Trivia-R5-R7 6:15 Bingo-R7 7:00 Evening stroll-r7	<b>31</b> 9:30 Exercise-R6 10:00 Snack/Have You Ever?-R6 10:30 Table Games-W6 11:15 Horseshoes-L6 1:30 Beauty club 2:15 Move to Music-W6 3:15 Bowling –R6 4:00 Help Wanted-L7 6:15 Chicken Soup for the Soul-R5 7:00 Sing a long-L7 8:00 News and nibbles-R7	