



**For Immediate Release**  
May 5, 2009  
Contact:  
Lee Watson  
716-662-0651

**ORCHARD HEIGHTS HOSTS ALZHEIMER'S SUPPORT GROUP**  
*Monthly meetings are open to the public, begin May 14*

ORCHARD PARK, NEW YORK – Orchard Heights, Inc., an assisted living and memory care residence in Orchard Park, announced that it will host monthly support group meetings for those dealing with and caring for individuals impacted by Alzheimer's disease. The sessions will be held on the second Thursday of every month at 1:30 p.m., starting on May 14.

The specialists at Orchard Heights have extensive experience in caring for those afflicted with Alzheimer's and dementia. The memory care residence at Orchard Heights houses 22 residents, each of whom received a personalized care plan. Programs at the residence promote a sense of well-being and encourage socialization.

Since music is an integral part of the recreation program in the memory care wing at Orchard Heights, attendees at the monthly Alzheimer's support group meetings will be able to participate in a regularly scheduled sing along, helping them understand the benefits of incorporating music into Alzheimer's care.

For more information regarding the meetings, call (716) 662-0651. Orchard Heights is located at 5200 Chestnut Ridge Road in Orchard Park.

Orchard Heights provides quality, compassionate assisted living and memory care services in a comfortable environment. Surrounded by more than ten acres of beautiful suburban countryside, residents at Orchard Heights enjoy a unique living experience, complete with chef-prepared meals, around the clock recreation opportunities and a professional nursing staff on site 24 hours a day. Amenities include an ice cream parlor, full-service beauty and barber shop, a private dining room and scenic walking paths. Orchard Heights is licensed by the New York State Department of Health and is owned and operated by The Hamister Group, Inc.

For more information, visit [www.orchardheights.com](http://www.orchardheights.com).