



# Orchard Heights January 2008 Recreation Calendar for West Wing

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Calendar Key</b>            D-Main Dining Room            G-Greenhouse            L-Living Room            O-Outing            R-Recreation Room            S-South Lounge            W-Wellness Room            A-Recreation Room (AL side)</p>	<p><b>Calendar Key</b>            2-Amy            4-Julie            5-Lauren            6-Linda</p>	<p>1 9:30 Exercise -R6            10:00 Snack and chat-R6            10:30 Special Moments-W6            11:00 Name Three-R6            1:30 Reading Circle-R6            2:00 Ice Cream Parlor Walk -R6            2:30 Dice Games-R6            3:00 What is this?-R6            6:15 Uno Cards-R7            7:00 Snack R7</p>	<p>29:30 Exercise—R6            10:00 Snack and Chat-R6            10:30 Kitchen Creations-R6            11:00 Rosary- R6            11:00 Lunch at Olive Garden-O1            2:15 Happy Hour-R6\4:00            3:00 Black Jack-R6            4:00 Spelling Bee-R6            4:30 Word Games-R6            6:15 Dart Games-R4            7:00 Movie-L7            7:30 News and Nibbles R7</p>	<p>39:30 Exercise R6            10:00 Snack and Chat R6            11:15 Manicures-R6            1:30 <b>Sing with Ron-R6</b>            2:30 Happy Hour-R6            3:00 Go Fishin-R6R6            4:30 EZ Music-R6            6:15 Crossword puzzles-R7            7:00 Evening stroll R7            7:30 Evening snack-R7</p>	<p>49:30 Exercise-R6            10:00 Snack/Have You Ever?-R6            10:30 Bingo -R6            11:15 Mass at Nativity-O1            1:30 Beauty Club-W6            2:15 Move to Music-W6            3:15 Table Games            4:00 Help Wanted-W6            7:00 Sing a long-L7            8:00 News and Nibbles-R7</p>	<p>5 9:30 Exercise-R4            10:00 Tea and Cookies -R4            10:15 Daily Thoughts -R4            10:30 Just Desserts-R4            11:15 Scatch Ball-R4            1:30 Move to Music-R4            2:15 Happy Hour-R4            3:30 Crafts-P4            4:00 Remember When-R4            4:30 Music Hour-R7            7:00 News and Nibbles-R7</p>
<p>6 9:30 Exercise-R4            10:00 Snack and Chat-R4            10:30 Bingo-R4            1:30 Sing and Stroll-R4            2:00 Armor Bible Presbyt. Svc-A4            2:30 Happy Hour-R4            3:00 Bowling -A4            3:30 Crazy Eights-A4            4:45 Ball Exercises-R5            6:30 Movie -R7            7:00 Evening snack-R7</p>	<p>7 9:30 Exercise -R6            10:00 Snack/Things we like -R6            10:30 Penny Pitch -R6            11:00 Memories in the Making-W6            1:45 Walking Club -R6            2:30 Happy Hour -R6            3:00 Boxing Time-R6            4:00 Puzzles-R6            4:45 Ring Toss-R5            6:15 Dancing to music R5            7:00 Snack R7</p>	<p>8 9:30 Exercise -R6            10:00 Snack and chat-R6            10:30 Special Moments-W6            11:00 Name Three-R6            1:30 Reading Circle-R6            2:00 Ice Cream Parlor Walk -R6            2:30 Dice Games-R6            3:00 What is this?-R6            6:15 Uno Cards-R7            7:00 Snack R7            7:30 Trivia R7</p>	<p>9 9:30 Exercise—R6            10:00 Snack and Chat-R6            10:30 Kitchen Creations-R6            11:00 Rosary- R6            2:15 Happy Hour-R6\4:00            3:00 Black Jack-R6            4:00 Spelling Bee-R6            4:30 Word Games-R6            6:15 Dart Games-R4            7:00 Movie-L7            7:30 News and Nibbles R7</p>	<p>10 9:30 Exercise R6            10:00 Snack and Chat R6            11:15 Manicures-R6            1:30 <b>Sing with Ron-R6</b>            2:30 Happy Hour-R6            3:00 Go Fishin-R6R6            4:30 EZ Music-R6            6:15 Crossword puzzles-R7            7:00 Evening stroll R7            7:30 Evening snack-R7</p>	<p>11 9:30 Shop at Tops-O1            9:30 Exercise-R6            10:00 Snack/Have You Ever?-R6            10:30 Bingo -R6            1:30 Beauty Club-W6            2:15 Move to Music-W6            3:15 Table Games            4:00 Help Wanted-W6            7:00 Library Trip-O1            7:00 John Little in Concert-S7            8:00 News and Nibbles-R7</p>	<p>12 9:30 Exercise-R4            10:00 Tea and Cookies -R4            10:15 Daily Thoughts -R4            10:30 Just Desserts-R4            11:15 Basketball-R4            1:30 Move to Music-R4            2:15 Happy Hour-R4            3:30 Crafts-P4            4:00 Remember When-R4            4:30 Music Hour-R4            7:00 News and Nibbles-R4</p>
<p>13 9:30 Exercise-R4            10:00 Snack and Chat-R4            10:30 Bingo-R4            1:30 Sing and stroll-S4            2:00 Old tyme Baptist church Svc.-A4            2:30 Happy Hour-R4            3:00 Bowling-a4            3:30 Crazy Eights-R4            4:45 Ball Exercises-R5            6:30 Movie -R7            7:00 Evening snack-R7</p>	<p>14 9:30 Exercise -R6            10:00 Snack/Things we like -R6            10:30 Penny Pitch -R6            11:00 Memories in the Making Tea—W6            2:00 Card Club-R6            2:30 Happy Hour-R6            3:00 Blurt-R6            4:00 Puzzles-R6            4:45 Ring toss-R5            6:15 Dancing to Music R5            7:00 Snack R7</p>	<p>15 9:30 Exercise -R6            10:00 Snack and chat-R6            10:30 Special Moments-W6            11:00 Name Three-R6            1:30 Reading Circle-R6            2:15 Birthday Party-D6            3:00 What is this?-R6            3:30 Sing a long-P7            7:00 Snack-R7            7:30 Trivia R7</p>	<p>16 9:30 Exercise—R6            10:00 Snack and Chat-R6            10:30 Kitchen Creations- R6            11:00 Rosary- R6            1:30 Horse races R6            2:00 Country Ride-o7            2:15 Happy Hour-R6            3:30 Black Jack-R6            4:30 Parachute Games-R7            6:15 Dart Games-R4            7:00 Movie-L7</p>	<p>17 9:30 Exercise R6            10:00 Snack and Chat R6            10:15 Memories Game-R6            11:15 Manicures-R6            1:30 <b>Sing with Ron-R6</b>            2:30 Happy Hour-R6            3:00 Bowling R6            4:30 EZ Music-R7            7:00 Evening stroll R7            7:30 Evening snack R7</p>	<p>18 9:30 Exercise-R6            10:00 Snack/Have You Ever?-R6            10:30 Bingo -R6            1:30 Beauty Club-W9            3:00 All about Aprons-R6            4:00 Help Wanted-L7            6:15 Chicken Soup for the Soul-R5            7:00 Library Trip-O1            8:00 News and Nibbles-R7</p>	<p>19 9:30 Exercise-R4            10:00 Tea and Cookies -R4            10:15 Daily Thoughts -R4            10:30 Just Desserts-R4            11:15 Balloon volleyball-L4            1:30 Move to Music-R4            2:15 Happy Hour-R4            3:30 Golf-P4            4:00 Remember When-R4            4:30 Music Hour-R4</p>
<p>20 9:30 Exercise-R4            10:00 Snack and Chat-R4            10:30 Bingo-R4            1:30 Sing and Stroll-R4            2:00 <b>Southtowns Christian Assoc-A8</b>            2:30 Happy Hour-R4            3:00 Bowling-A4            3:30 Crazy Eights-R4            4:45 Ball Exercises-R5            6:30 Movie -R7            7:00 Evening snack-R7</p>	<p>21 9:30 Exercise -R6            10:00 Snack/Things we like -R6            10:30 OP Co-op visits -S6            11:00 Memories in the making-W6            1:45 Walking club-R8            2:30 Card Club-R6            2:30 <b>Ice Cream Float social-R6</b>            3:15 Memories Game -R6            4:00 Puzzles-R6            4:45 Ring toss-D5            6:15 Dancing to Music R5            7:00 Snack R7</p>	<p>22 9:30 Exercise -R6            10:00 Snack and chat-R6            10:30 Special Moments-W6            11:00 Name Three-R6            2:00 Ice Cream Parlor Walk-R6            2:30 Dice Games-R6            3:30 Sing a long-P7            6:15 Uno Cards-R7            7:00 Snack-R7            7:30 Trivia R7</p>	<p>23 9:30 Exercise—R6            10:00 Snack and Chat-R6            10:30 Kitchen Creations R6            11:00 Rosary- R6            1:30 Indoor Baseball R6            2:15 Happy Hour            3:30 Community meeting-S1            4:30 Word Games-R7            6:15 Dart Games -R4            7:00 God's Love-S4            7:15 OP Wesleyan Carolers-N7</p>	<p>24 9:30 Exercise R6            10:00 Snack and Chat R6            10:15 Communion-R6            11:15 Manicures-R6            1:30 <b>Sing with Ron -R6</b>            2:30 Happy Hour-R6            3:00 Go Fishin            4:30 EZ music-R7            6:15 Crossword Puzzle-P7            7:00 Evening stroll R7            7:30 Evening snack R7</p>	<p>25 9:30 Exercise-R6            10:00 Snack/Have You Ever?-R6            10:30 Bingo -R6            12:30 Trip to Aquarium-O1            1:30 Beauty club            2:15 Move to Music-R6            2:30 Happy Hour-R6            3:00 Table Games-W6            4:00 Help Wanted-L7            6:15 Chicken Soup for the Soul-R5            7:15 Girls scouts visit-A5</p>	<p>26 9:30 Exercise-R4            10:00 Tea and Cookies -R4            10:15 Daily Thoughts -R4            10:30 Just Desserts-R4            11:15 Darts-R4            1:30 Crafts-R4            2:15 Saxman slim in concert-S4            3:30 Move to Music-R4            4:00 Remember When-R4            4:30 Music Hour-R4            7:00 News and Nibbles-R</p>
<p>27 9:30 Exercise-R4            10:00 Snack and Chat-R4            10:30 Bingo-R4            1:30 Sing and Stroll-R4            2:00 <b>Olde Tyme Baptist Church Svc.</b>            2:30 Happy Hour-R4            3:00 Bowling-A4            3:30 Crazy Eights-R4            4:45 Ball Exercises-R5            6:30 Movie -R7            7:00 Evening snack-R7</p>	<p>28 9:30 Exercise -R6            10:00 Snack/Things we like -R6            10:30 Penny Pitch -R6            11:00 Memories in the Making-W6            1:45 Walking club-R6            2:00 Card Club-R6            2:30 Happy Hour-R6            3:00 Blurt Game -R6            4:00 Puzzles-R6            6:15 Dancing to Music R5</p>	<p>29 9:30 Exercise -R6            10:00 Snack and chat-R6            10:30 Special Moments            11:00 Name Three-R6            1:30 Reading Circle-R6            2:00 Ice Cream Parlor Walk-R6            2:30 Dice Games-R6            3:15 What is this?-R6            3:45 Sing a long-P7            6:15 Uno Cards-R7            7:00 Snack-R7/ 7:30 Trivia R7</p>	<p>30 9:30 Exercise—R6            10:00 Snack and Chat-R6            10:30 Kitchen Creations R6            11:00 Rosary- R6            11:15 KOC Bingo-O1            1:30 Indoor Baseball R6            3:30 Black Jack -nsw            4:30 Word Games-R7            6:15 Dart Games -R4            7:00 Movie-L7            7:30 News and Nibbles R7</p>	<p>31 9:30 Exercise R6            10:00 Snack and Chat R6            10:15 Communion-R6            11:15 Manicures-R6            1:30 <b>Sing with Ron -R6</b>            2:30 Happy Hour-R6            3:00 Go Fishin            4:30 EX music-R7            6:15 Crossword Puzzle-P7            7:00 Evening Stroll-R7            7:00 Evening Snack-R7</p>	<p>28 9:30 Exercise-R6            10:00 Snack/Have You Ever?-R6            10:30 Bingo -R6            1:30 Beauty club            1:45 Library Trip-O1            2:30 Happy Hour-R6            3:00 Table Games-W6            4:00 Help Wanted-L7            6:15 Chicken Soup for the Soul-R5</p>	<p>29 9:30 Exercise-R4            10:00 Tea and Cookies -R4            10:15 Daily Thoughts -R4            10:30 Just Desserts-R4            11:15 Darts-R4            1:30 Crafts-R4            2:15 Happy Hour-R4            3:30 Move to Music-R4            4:00 Remember When-R4            4:30 Music Hour-R4            7:00 News and Nibbles-R</p>