

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Saturday



March 2019



Recreation Calendar for Orchard Heights Assisted living

<p>9:30am Exercise to Music -R3 10:30am Mass on TV-R3 11:30pm Friendly visits 1:15-2:15pm Nail Decor-R9 2:15pm Worship svc-R9 3:30 pm Bingo-R9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 6:45pm Travelogue-Poland-R4</p> <p style="text-align: right;">3</p>	<p>9:30 am Bands and Weights workout-R6 10:00am Austin and Wilbur visit- 10:15am Make King Cake-R6 1:30pm Walking Club-W6 2:15 pm CSI Game-R6-New 3:30pm Darts-L6 4:45pm The Best of Glenn Miller-R6 5:45pm Rummikub-G9 7:15pm Bingo -R5</p> <p style="text-align: right;">4</p>	<p>9:30am Armchair Yoga-R3 10:15am Mardi Gras Beads and Masks-R3 11:30am Where in the World is Paul?-R3 2:15 pm Cyber Jeopardy-R3 3:30pm Rosary w/ Martha-R8 3:45pm Nail Décor-W6 4:45pm &5:45pm Rummikub-G9 7:15pm Mardi Gras with Matt Tritto on Sax-R1</p> <p style="text-align: center;">Mardi Gras</p> <p style="text-align: right;">5</p>	<p>9:30 am Armchair Dancing-R6-New 10:15am Dispensation of Ashes-R6 11:00am Bible Study-R6 10:45am Nail Decor-L6 1:30pm Independent Pinochle-A8 2:00pm Trip to Art Gallery-04 2:15pm Recreation Planning Comm.-R6 3:15pm Indoor Bowling-R6 4:45pm &5:45pm Rummikub-G9 7:15pm Bingo-R5</p> <p style="text-align: center;">Ash Wednesday</p> <p style="text-align: right;">6</p>	<p>9:20 am Arthritis Exercise- -R3 10:00am Communion Svc.-R3 11:00am Friendly visits 11:30am Welcome Lunch-R3 1:45pm Afternoon Stretch-R3 2:00pm Eyeglass care-LB3 2:15pm Art Lessons -A6 2:30pm 65 Cards-LB7 3:30pm Book Club for Sight Impaired-A3 4:45pm Family Feud-L8 5:45pm Walking Club-I6 7:15pm LIVE MUSIC- Jim Caputa on Guitar-R3</p> <p style="text-align: right;">7</p>	<p>9:30am Ballroom Exercise-R3 10:15am Country Ride-R3 11:30am Friendly visits 1:45pm 20 Min.Workout-R6 2:15pm Coca Cola Floats-R6 3:30pm Anagrams-L6 4:45pm &5:45pm Rummikub-G9 7:15pm Bingo-R10</p> <p style="text-align: right;">8</p>	<p>9:30 am Exercise to Music -R3 10:30am Make a Saint Patrick's Day Charm Bracelet-R3 10:30am Independent Scrabble-R3 1:30pm Walking Club-L2 2:15pm LIVE MUSIC-Kathy Beck-R2 3:30pm Bunco-R6 4:45pm Rummy 500-LB7 6:45pm Saturday Night Movie-Gone with the Wind-Pt.1-R7</p> <p style="text-align: right;">9</p>	
<p>9:30am Exercise to music -R3 10:30am Mass on TV-R3 11:30pm Friendly visits 1:15-2:00pm Nail Décor/Journaling-R9 2:15 pm OP Wesleyan Church Service-R9 3:30pm Bingo-R9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 6:45 pm Travelogue-Florida-R4</p> <p style="text-align: right;">10</p> <p style="text-align: left;">Daylight Saving Time Begins</p>	<p>9:30am Bands and weights work out-R6 10:15am Bake Irish Soda Bread-R6 1:30pm Letter box Walking Club-W6 2:15pm Visual Trivia-R6 3:30pm Ladderball-C6 4:45pm Opera Music-R6 5:45pm Rummikub-G9 7:15pm Bingo -R5</p> <p style="text-align: right;">11</p>	<p>9:30am Exercise to Music-R3 10:15am Quilting Bee-R3 11:00am Friendly visits 1:45pm Tai Chi-C6 2:15pm Gourmet Cooking Demo-R8 3:30pm Rosary w/ Martha-R8 3:45pm Nail Décor-C6 4:45pm &5:45pm Rummikub-G9 7:15pm Speaker-Smithsonian Artifacts-R7</p> <p style="text-align: right;">12</p>	<p>9:30 am Armchair Dancing-R6-New 10:15am Rosary-R8 10:45am Bible Study-R6 10:30am Lunch Trip to Hotel Henry-04 1:30 pm Independent Pinochle-A8 2:15pm Nurse Chat-R3 2:30pm Trip to OP Library-04 3:15pm Yahtzee-R6 4:45pm &5:45pm Rummikub-G9 7:15pm Bingo-R3</p> <p style="text-align: right;">13</p>	<p>9:20am Arthritis Exercise- R5 10:00am Communion Svc.-R3 11:00am Lovely Limericks-R3 1:45pm Afternoon Stretch-R3 2:15 pm Men's Explorer Club-W5 2:30pm 65 Cards-LB7 3:30pm Book Club for Sight Impaired-A3 4:45pm Wheel of Fortune-W8 5:45pm Walking Club-I6 7:15 pm LIVE MUSIC- Mike Dennehy-Country-R3</p> <p style="text-align: right;">14</p>	<p>9:30am Ball room Exercise-R3 10:00am Barb and Lilly the dog visit 10:15am Hot Topics-R3 11:15am Friendly visits 1:45pm 20 Min.Workout-R6 2:15pm Bingo-A10 3:30pm All about Leprechauns And Game-R6 4:45pm &5:45pm Rummikub-G9 6:15pm OPHS Musical "42nd Street" Trip-</p> <p style="text-align: right;">15</p>	<p>9:30am Zumba-R3 10:30am Computer Creations-R3 10:30 am Independent Scrabble-R5 1:30pm Walking Club-L5 2:15pm Speaker-Buffalo Grain Elevators-R5 3:30pm Cardo-R6 4:45pm Skipbo-R7 6:45pm Saturday Night Movie-R7</p> <p style="text-align: right;">16</p>	
<p>9:30am Exercise to music -R3 10:30am Mass on TV-R3 11:30pm Friendly Visits 1:15-2:00 pm Nail Décor-R9 2:15 pm Saint Patrick Day Pary-R3 3:30pm Bingo-R9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 6:45pm Travelogue-Ireland-R4</p> <p style="text-align: right;">17</p> <p style="text-align: left;">St. Patrick's Day</p>	<p>9:30am Bands and weights work out-R6 10:30am What does your name mean?-R6 1:30pm Walking Club-W6 2:15pm In the Spotlight-R6 3:30pm Washers Game-W6 4:45 pm Classical Music-R5 5:45pm Rummikub-G9 7:15pm Bingo -R5</p> <p style="text-align: right;">18</p>	<p>9:30am Armchair Yoga-R3 10:00am Bridge Club with Shirley-R8 10:15am Anagrams-R3 11:00 am Friendly visits 1:45pm Tai Chi-C6 2:15pm Carol and Tally the dog visit 2:30pm Bunco Dice Game-A6 3:30pm Rosary w/ Martha-R8 3:45pm Nail Décor-L6 4:45pm &5:45pm Rummikub-G9 7:15pm LIVE MUSIC-Lyle Stang-R9</p> <p style="text-align: right;">19</p>	<p>9:30 am Armchair Dancing-R6-New 10:00am Equinox Eggs-R6 10:15am Rosary-R8 10:45am Bible Study-R6 11:00am Mass at St. Bernadettes-04 1:30 pm Independent Pinochle-A8 2:00pm Shop at Savers-04 2:15pm Chef Chat-R3 3:15pm March Madness Basketball Tournament-L3 4:45pm &5:45pm Rummikub-G9 7:15pm Spring Fling with Mark Mazur-R5</p> <p style="text-align: center;">Spring Begins</p> <p style="text-align: right;">20</p>	<p>9:20 am Arthritis Exercise- R3 10:30am Men's Tinkerers Group-R5 11:30am Friendly visits 1:45pm What is Purim? -R3 2:15 pm Art Lessons -A6 2:30pm 65 Cards-LB7 3:30pm Rosary-R9 3:45pm Catholic Mass w/Rev. Bassey-R8 4:45pm Family Feud-L8 5:45pm Walking Club-I6 7:15pm Speaker- The Niagara Gorge Trail-R6 Purim</p> <p style="text-align: right;">21</p>	<p>9:30am Ballroom Exercise-R6 10:15am Bingo-R10 11:15am Friendly visits 1:45pm Balancing Act Exercises-R6 1:45pm Country Ride-04 2:15pm Chip n Dip social-R6 3:45pm LRC-A6 4:45pm &5:45pm Rummikub-G9 7:15pm Bingo-A10</p> <p style="text-align: right;">22</p>	<p>9:30am Exercise to Music -R9 10:30am Bead Creations-R9 10:30am Independent Scrabble-R5 1:30pm Walking Club-L6 2:15pm LIVE MUSIC-Andy Bialek-R3 3:30pm Bunco-R6 4:45pm Rummy 500-LB7 6:45pm Saturday Night Movie-R7</p> <p style="text-align: right;">23</p>	
<p>9:30am Exercise to music -R3 10:30am Mass on TV-R3 11:00am Friendly visits 1:15-2:00 pm Nail Décor/Journaling-A9 2:15pm Online Presbyterian Svc.-R9 3:30pm Bingo-A9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 6:45pm Travelogue-Arizona-R4</p> <p style="text-align: right;">24</p>	<p>9:30am Bands and Weights workout-R6 10:30am Baking Scones-R6 1:30pm Computer Time-R6 2:15pm Drama Club-R6 3:30pm Darts-L6 4:45 pm Music from Musicals-R5 5:45pm Rummikub-G9 7:15pm Bingo -R5</p> <p style="text-align: right;">25</p>	<p>9:30am Exercise to music -R3 10:15am Rummy 500-R3 11:00am Friendly Visits 1:45pm Tai Chi-C6 2:15pm Resident Monthly Meeting-R1 3:30pm Rosary w/ Martha-R8 3:45pm Nail Décor-C6 4:45pm &5:45pm Rummikub-G9 7:00pm Faith Sing a long-R9</p> <p style="text-align: right;">26</p>	<p>9:30 am Armchair Dancing-R6-New 10:15am Rosary-R8 10:45am Bible Study -R6 11:15am Movie/Lunch at OPSC-04 1:30pm Independent Pinochle-A8 2:15pm Indoor Bowling-R6 3:30 pm Remembering Ed Sullivan and Johnny Carson-R6 4:45pm &5:45pm Rummikub-G9 7:15pm Bingo-R5</p> <p style="text-align: right;">27</p>	<p>9:20am Arthritis Exercise- R5 10:00am Communion Svc.-R3 11:30am Friendly visits 1:45pm Laughter Yoga -R3 2:15 pm Orchard Heights Casino-R1 4:45pm Wheel of Fortune-W8 5:45pm Walking Club-I6 7:15 pm LIVE MUSIC- Roger Hill-R2</p> <p style="text-align: right;">28</p>	<p>9:20am Exercise-R3 10:15am Hot Topics-R3 11:15am Friendly visits 1:45pm 20 Min.Workout-R6 1:45pm Country Ride-04 2:15pm Sing- a-long-R2 3:30pm Pictionary-L6 4:45pm &5:45pm Rummikub-G9 7:15pm Bingo-A10</p> <p style="text-align: right;">29</p>	<p>9:30am Exercise to Music -R9 10:30am Bead Creations-R9 10:30am Independent Scrabble-R5 1:30pm Walking Club-L6 2:15pm LIVE MUSIC-The Kindred-R3 3:30pm Cardo-R2 4:45pm Skipbo-R7 6:45pm Saturday Night Movie-R7</p> <p style="text-align: right;">30</p>	
<p>9:30am Exercise to music -R3 10:30am Mass on TV-R3 11:00am Friendly visits 1:15-2:00 pm Nail Décor-A9 2:15pm Hymn Sing-R9 3:30pm Bingo-A9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 6:45pm Travelogue-New Orleans-R4</p> <p style="text-align: right;">31</p>							

Staff Key: 1. Lee 2. Marissa 3-Sheila 4-Patty 5-Shawn 6-Linda 7-Cyndy 8-Volunteer 9-independent 10-Ed

Room key: D- Main dining Room WP-Willow Patio A-Art Gallery O-Outing R-Recreation Room C-Chestnut Lounge L-Lilac Lounge LB-Library W-Willow Lounge P-Patio/Parlor I-Ice cream parlor area F- Family Room.

This calendar is subject to Change. Please contact Lee in Recreation