

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2019

## Recreation Calendar for Harmony Lane at Orchard Heights

<p>9:45am Exercise -R4 10:15am Catholic Communion -R8 10:30am Mass on TV -A8 10:45am Indoor Golf -R4 11:30am Big Cats of the World Trivia -R4 1:30pm Walking Club -R4 2:15pm Worship Service -A4 2:30pm Just Desserts -R4 3:30pm Bingo -R4 4:45pm Corn Hole Toss -R7 6:30pm A thru Z -R4 <b>World Wildlife Day</b></p>	<p>9:45am Arthritis Exercise -R3 10:00am Austin and Wilbur visit 10:30am I Hear Memories -R3 11:15am Darts -R3 12:00pm In the Spotlight -R5 1:30pm Armchair Travels -R6 <b>2:15pm Music by Mike Horning -R5</b> 3:15pm Create a Collage -R6 3:45pm Junk Drawer Detective -R6 4:45pm Left Right Center -R5 6:30pm Bingo -R5 7:15pm Classic TV shows -L5</p>	<p>9:45am Stretch and Flex-R6 10:30am All About New Orleans -R6 11:15am Bean Bag Bocci -R6 12:00pm Dance Break -R6 1:30pm Table Ball -R3 2:15pm Shrove Tuesday &amp; Pancake Races -A3 3:30pm Bingo- R3 4:00pm Nail Décor- R3 4:45pm Hangman -L3 <b>7:15pm Entertainment: Mardi Gras with Matt Tritto -A3</b>  Mardi Gras</p>	<p>9:45am Music and Exercise -R3 10:15am Dispensation of Ashes -R3 10:45 am Rosary with Martha -R3 11:15am Sing-A-Long -R3 12:00pm Everyday Life Trivia -R5 1:30pm Table Stretch -R6 2:00pm Trip to Art Gallery -O4 2:15pm Memories in the Making (Painting) -R6 3:15pm Snack &amp; Poetry -R6 3:45pm Penny Pitch -R6 4:45pm Take Five -L5 6:30pm Bingo -R5 Ash Wednesday</p>	<p>9:30am Strength Exercise -R6 10:00am Communion Svc -A6 10:30am Easel Escapades -R6 11:00am Book Club: Swiss Steak &amp; Hobo Stew -R6 11:30am Finishing Lyrics -R6 1:30pm Walking Club -L3 2:15pm Greenhouse Volunteers -G3 3:00pm Spelling Bee- R3 3:45pm Reminiscence Tea -R3 4:45pm Balloon Volleyball to Classical Music -R3 <b>7:15pm Entertainment: Jim Caputa -A5</b></p>	<p>9:45 am Exercise to Chopin-R3 10:30am Help Wanted!-R3 11:30am The Life of Frederic Chopin-R3 12:00pm Kickball -R3 1:30pm Dance Break - R4 2:15pm Ride to Tabby Town -O4 4:00 pm Tea &amp; Cookies -R3 R3 4:45 pm Finish the Lyric-R5 6:30pm Bingo -R5 7:15pm Video Sing-a-long-L8</p>	<p>9:45am In the News-R3 10:15am Zumba -R3 11:15am Memo Math -R2 12:00pm Drum Circle -R4 1:30pm Table Ball -R6 1:45pm Walk to Ice Cream Parlor <b>2:15pm Sing-a-long -R4</b> 3:30pm Visual Trivia -R4 4:15pm It's Puzzling -R4 <b>7:15pm Clann Na Cara Irish Dancers -A7</b></p>
<p>9:45am Exercise -R4 10:15am Catholic Communion -R8 10:30am Mass on TV -A8 10:45am Light Up Bean Bag Toss -R4 11:30am Sing-A-Long -R4 1:30pm Walking Club -R4 2:15pm Worship Service-OP Wesleyan Church-R4 3:30pm Bingo -R4 4:45pm Corn Hole Toss -R7 6:30pm A thru Z -R4 7:00pm Music Video -L4 Daylight Saving Time Begins</p>	<p>9:45am Arthritis Exercise -R3 10:30am I Hear Memories -R3 11:15am Basketball Toss -R3 12:00pm In the Spotlight -R5 1:30pm Armchair Travels -R6 <b>2:15pm Music by Sujeet -R5</b> 3:15pm Painting Spring Gardens-R6 3:45pm SNAP cards -R6 4:45pm Corn Hole Toss -R5 6:30pm Bingo -R5 7:15pm Classic TV shows -L5</p>	<p>9:45am Stretch and Flex-R6 10:30am Reminisce About Edelweiss-R6 11:15am Bean Bag Bocci -R6 12:00pm Dance Break -R6 1:30pm Table Ball -R3 2:15pm Chefs Corner -R3 3:30pm Bingo- R3 4:00pm Nail Décor- R3 4:45pm Outburst -L3 <b>7:15pm Greg Kinal: Artifacts in the Smithsonian -A10</b></p>	<p>9:45am Music and Exercise -R3 10:30am Lunch Trip to Hotel Henry -O4 10:45 am Rosary with Martha -R3 11:15am Sing-A-Long -R3 12:00pm Everyday Life Trivia -R5 1:30pm Table Stretch -R6 2:15pm Memories in the Making (Painting) -R6 2:45pm Dance with Sarah-R6 3:45pm Its Puzzling -R6 4:45pm Charades -L5 6:30pm Bingo -R5</p>	<p>9:30am Strength Exercise -R6 10:00am Communion Svc -A6 10:30am Easel Escapades -R6 11:00am Book Club -R6 11:30am Finishing Lyrics -R6 1:30pm Walking Club -L3 2:15pm Bread Machine Creations -G3 3:00pm Greenhouse Volunteers -G3 3:45pm Reminiscence Tea -R3 4:45pm Balloon Volleyball to Classical Music -R3 <b>7:15pm Entertainment: Mike Dennehy -A5</b></p>	<p>9:45 am Exercise-R3 10:00am Barb and Lilly the dog visit 10:30am Help Wanted! -R3 12:00pm Kickball -R3 1:30pm Dance Break - R4 2:15pm Country Ride to Mc Donalds -O4 3:00 pm Tea &amp; Cookies -R3 3:30pm Shake Loose a Memory-R3 4:30pm Artists Pen -R3 4:45 pm Finish the phrase-R5 6:15pm OPHS Musical: "42nd Street" Trip -O4 6:30pm Bingo -R5</p>	<p>9:45am In the News-R3 10:15am Zumba -R3 11:00am Irish Blessings-R3 11:15am Memo Math -R2 12:00pm Drum Circle -R4 1:30pm Table Ball -R6 1:45pm Walk to Ice Cream Parlor <b>2:15pm The Grain Elevators -A4</b> 3:30pm Visual Trivia -R4 4:15pm It's Puzzling -R4 7:15pm Movie Night -L7</p>
<p>9:45am Exercise -R4 10:15am Catholic Communion -R8 10:30am Mass on TV -A8 10:45am Indoor Golf -R4 11:30am The Luck of the Irish -R4 1:30pm Walking Club -R4 2:15pm Saint Patricks Day Party-OP Wesleyan Church-A4 2:30pm Just Desserts -R4 3:30pm Bingo -R4 4:45pm Irish Humor -R7 6:30pm A thru Z -R4 7:00pm Music Video -L4 <b>St. Patrick's Day</b></p>	<p>9:45am Arthritis Exercise -R3 10:30am I Hear Memories -R3 11:15am Darts -R3 12:00pm In the Spotlight -R5 1:30pm Armchair Travels -R6 <b>2:15pm Music by Brian Beaudry -R5</b> 3:15pm Artists Pen: Daffodils 3:45pm Junk Drawer Detective -R6 4:45pm Left Right Center -R5 6:30pm Bingo -R5 7:15pm Classic TV shows -L5</p>	<p>9:45am Stretch and Flex-R6 10:30am Star of the Month-Ann-Margaret -R6 11:15am Bean Bag Bocci -R6 12:00pm Dance Break -R6 1:30pm Table Ball -R3 2:15pm Chefs Corner -R3 3:30pm Bingo- R3 4:00pm Nail Décor- R3 4:45pm Hangman -L3 <b>7:15pm Entertainment: Lyle Stang -A3</b></p>	<p>9:45am Music and Exercise -R3 10:45 am Rosary with Martha -R3 11:15am Sing-A-Long -R3 11:30am Mass at St. Bernadettes -O4 12:00pm Everyday Life Trivia -R5 1:30pm Table Stretch -R6 2:15pm Memories in the Making (Painting) -R6 3:15pm Community Meeting-R6 3:45pm Penny Pitch -R6 4:45pm Take Five -L5 <b>7:15pm Spring Fling with the Mark Mazur Trio -A5</b>  Spring Begins</p>	<p>9:30am Strength Exercise -R6 10:00am Easel Escapades -R6 11:00am Book Club -R3 11:30am Finishing Lyrics -R3 12:00pm Horseshoes -R3 1:30pm Walking Club -L3 2:15pm Flower Arrangements -R3 3:00pm Greenhouse Volunteers -G3 3:45pm Catholic Mass w /Rev. Bassey -A3 4:45pm Balloon Volleyball to Classical Music -R3 <b>7:15pm Niagara Gorge Trail -A5</b>  Purim</p>	<p>9:45 am Exercise-R3 10:30am Country Ride -O4 12:00pm Indoor Bowling -R3 1:30pm Dance Break - R4 2:15pm Help Wanted!-R3 3:00 pm Tea &amp; Cookies -R3 3:30pm Serving up a memory-R3 4:30pm Artists Pen -R3 4:45 pm Finish the phrase -R5 6:30pm Bingo -R5 7:15pm Video Sing-a-long-L8</p>	<p>9:45am In the News-R3 10:15am Ball Exercises -R3 11:15am Horse Racing -R2 12:00pm Drum Circle -R4 1:30pm Table Ball -R6 1:45pm Walk to Ice Cream Parlor <b>2:15pm Entertainment: Andy Bialek -A4</b> 3:30pm Trivia Challenge -R4 4:15pm It's Puzzling -R4 7:15pm Movie Night -L7</p>
<p>9:45am Exercise -R4 10:15am Catholic Communion -R8 10:30am Mass on TV -A8 10:45am Light Up Bean Bag Toss -R4 11:30am Sing-A-Long -R4 1:30pm Walking Club -R4 2:15pm Online Presbyterian Svc.-R4 2:30pm Just Desserts -R4 3:30pm Bingo -R4 4:45pm Corn Hole Toss -R7 6:30pm A thru Z -R4 7:00pm Music Video -L4</p>	<p>9:45am Arthritis Exercise -R3 10:30am I Hear Memories -R3 11:15am Basketball Toss -R3 12:00pm In the Spotlight -R5 1:30pm Armchair Travels -R6 <b>2:15pm Music by Kirk McWhorter-R5</b> 3:30pm Spring Birds Craft -R6 4:00pm SNAP cards -R6 4:45pm Corn Hole Toss -R5 6:30pm Bingo -R5 7:15pm Classic TV shows -L5</p>	<p>9:45am Stretch and Flex-R6 10:30am What Am I? -R6 11:15am Bean Bag Bocci -R6 12:00pm Dance Break -R6 1:30pm Table Ball -R3 2:15pm Chefs Corner -R3 3:15pm Bingo- R3 4:00pm Nail Décor- R3 4:45pm Corn Hole Toss -R5 <b>7:15pm Faith Sing-a-long -A8</b></p>	<p>9:45am Music and Exercise -R3 10:45 am Rosary with Martha -R3 11:15am Sing-A-Long -R3 12:00pm Everyday Life Trivia -R3 1:30pm Table Stretch -R6 2:15pm Memories in the Making (Painting) -R6 3:15pm What's Wrong with this Picture? -R6 3:45pm Its Puzzling -R6 4:45pm Charades -L5 6:30pm Bingo -R5</p>	<p>9:30am Strength Exercise -R6 10:00am Communion Svc -A6 10:30am Easel Escapades -R6 11:00am Book Club -R6 11:30am Finishing Lyrics -R6 1:30pm Walking Club -L3 2:15pm Orchard Heights Casino-R1 3:00pm Greenhouse Volunteers -G3 3:45pm Reminiscence Tea -R3 4:45pm Balloon Volleyball to Classical Music -R3 <b>7:15pm Entertainment: Roger Hill -A5</b></p>	<p>9:45 am Exercise-R3 10:00am OP Co-op Day Care Spring show-R3 11:00am Country Ride -O4 12:00pm Kickball-R3 1:30pm Dance Break - R4 2:15pm Help Wanted!-R3 3:00 pm Tea &amp; Cookies -R3 3:30pm Shake Loose a Memory-R3 4:30pm Artists Pen -R3 4:45 pm Finish the lyric -R5 6:30pm Bingo -R5 7:15pm Video Sing-a-long-L8</p>	<p>9:45am In the News-R3 10:15am Ball Exercises -R3 11:15am Horse Racing -R2 12:00pm Drum Circle -R4 1:30pm Table Ball -R6 1:45pm Walk to Ice Cream Parlor <b>2:15pm Entertainment: The Kindred -A4</b> 3:30pm Trivia Challenge -R4 4:15pm It's Puzzling -R4 7:15pm Movie Night -L7</p>
<p>9:45am Exercise -R4 10:15am Catholic Communion -R8 10:30am Mass on TV -A8 10:45am Light Up Bean Bag Toss -R4 11:30am Sing-A-Long -R4 1:30pm Walking Club -R4 2:15pm Hymn Sing -A4 3:30pm Bingo -R4 4:45pm Corn Hole Toss -R7 6:30pm A thru Z -R4 7:00pm Music Video -L4</p>	<p><b>Staff:</b> 1-Lee 2-Recreation Staff 3-Sheila 4-Patty 5-Shawn 6-Linda 7-Cyndy 8-Volunteer- 9-independent 10-Marissa <b>Room:</b> D-Main dining Room G-Greenhouse A-Activities Room (AL side) L-Living Room O-Outing R-Recreation Room C- Chestnut Lounge W-Wellness room LL-Lilac Lounge P-Patio. Questions regarding Recreation may be brought to Lee in Recreation. Recreational supplies for individual pursuits are available in the Recreation room. Calendar is subject to change.</p>					