

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2019

Recreation Calendar
for Harmony Lane of Orchard Heights

9:45am Music and Exercise -R3
10:45 am Rosary with Martha -R3
11:15am Sing-A-Long -R5
12:00pm History of May Day Baskets -R5
1:30pm Table Stretch -R6
1:15pm **Niagara Aerospace Museum -O4**
2:15pm Memories in the Making (Painting) -R6
3:15pm Snack & Poetry -R6
3:45pm May Day Doorknob Project -R6
4:45pm Take Five -L5
6:30pm Bingo -R5

9:30am Strength Exercise -R6
10:00am **Communion Svc. -A6**
10:30am Missing Vowels -R6
11:00am Horseshoes -R6
11:30am Finishing Lyrics -R6
1:30pm Walking Club -L3
2:15pm Just Desserts -R3
3:15pm Greenhouse Volunteers -R3
3:45pm Cardo -R3
4:45pm Bean Bag Bocci -R3
7:15pm **Entertainment: Andy Bialek -A5**

9:45 am Exercise-R3
10:30am Word Association -R4
12:00pm Basketball Toss -R3
1:30pm Table Stretch - R4
2:15pm **Cartooning with Duane -A3**
2:15pm **Country Ride -O4**
3:00 pm Penny Pitch Game -R3
3:30pm Artists Pen -R3
4:45 pm Everyday Life Trivia -R5
6:30pm Bingo -R5
7:15pm Video Sing-a-long-L8
National Space Day

9:45am In the News-R3
10:15am Zumba -R3
11:15am Finish the Phrase -R2
12:00pm Drum Circle -R4
1:30pm Table Ball -R6
1:45pm Walk to Ice Cream Parlor
2:15pm **Nails with BOCES -R4**
3:30pm Visual Trivia -R4
4:15pm Cinco de Mayo Prep -R4
6:30pm Kentucky Derby Race -L7
7:15pm Movie Night -L7

May Day
9:45am Music and Exercise -R3
10:45 am Rosary with Martha -R3
11:15am Parachute Fun -R5
12:00pm Everyday Life Trivia -R5
1:30pm Table Stretch -R6
2:15pm **Dance with Sarah! -R6**
3:15pm Snack & Poetry -R6
3:45pm Its Puzzling -R6
4:45pm Take Five -L5
6:30pm Bingo -R5

9:45am Exercise -R4
10:15am **Catholic Communion -R8**
10:30am **Mass on TV -A8**
10:45am Light Up Bean Bag Toss -R4
11:30am Sing-A-Long -R4
1:30pm Walking Club -R4
2:15pm **Cinco de Mayo with Ramundo -A4**
3:30pm Bingo -R4
4:45pm Indoor Golf -R7
6:30pm A thru Z -R4
7:00pm Music Video -L4
Travel Week
Cinco de Mayo

9:45am Arthritis Exercise -R3
10:30am I Hear Memories -R3
11:15am Over Under -R3
12:00pm Indoor Bowling -R5
1:30pm Armchair Travels -R6
2:15pm **Music by Mari McNeil -R5**
3:15pm Sip and Crosby & Hope Road Movies -R6
3:45pm Table Talk -R6
4:45pm Corn Hole Toss -R5
6:30pm Bingo -R5
7:15pm Classic TV shows -L5
Ramadan

9:45am Stretch and Flex-R6
10:30am Remembering Family Road Trip -R6
11:15am Dance Break -R6
12:00pm Book Club -R6
1:30pm Table Ball -R3
2:15pm Chefs Corner -R3
3:15pm Bingo- R3
4:00pm Nail Décor- R3
4:45pm Outburst -L3
7:15pm **Entertainment: The Kindred -A10**
National Teacher Appreciation Day

9:45am Exercise -R4
10:15am **Catholic Communion -R8**
10:30am **Mass on TV -A8**
10:45am Light Up Bean Bag Toss -R4
11:30am Sing-A-Long -R4
1:30pm Walking Club -R4
2:15pm **Mother's Day Social with Brian Beaudry -A4**
3:30pm Bingo -R4
4:45pm Indoor Golf -R7
6:30pm A thru Z -R4
7:00pm Music Video -L4
Family Week
Mother's Day

9:45am Arthritis Exercise -R3
10:30am I Hear Memories -R3
11:15am Poetry Reading Circle -R3
12:00pm Indoor Bowling -R5
1:30pm Green Thumb Club -G6
2:15pm **Music by Sujeet -R6**
3:15pm Sip and In the Spotlight -R6
3:45pm Junk Drawer Detective -R6
4:45pm Corn Hole Toss -R5
6:30pm Bingo -R5
7:15pm Classic TV shows -L5

9:45am Stretch and Flex-R6
10:00am Michelle and Bailey Visit
10:30am Motherly Humor -R6
11:15am Dance Break -R6
12:00pm Book Club -R6
1:30pm Table Ball -R3
2:15pm Chefs Corner -R3
3:15pm **Ellicott Elementary- R3**
4:00pm Nail Décor- R3
4:45pm Outburst -L3
7:15pm **Sing with Friends -R3**

9:45am Music and Exercise -R3
10:45 am Rosary with Martha -R3
11:00am **Mass at St. Bernadettes -O4**
11:15am Sing-A-Long -R5
12:00pm Everyday Life Trivia -R5
1:30pm Table Stretch -R6
2:00pm **Sing into Spring -R6**
3:15pm Snack & Poetry -R6
3:45pm Its Puzzling -R6
4:45pm Take Five -L5
6:30pm Bingo -R5

9:30am Strength Exercise -R6
10:00am Easel Escapades -R6
11:00am Horseshoes -R3
11:30am Finishing Lyrics -R3
12:00pm Horseshoes -R3
1:30pm Walking Club -L3
2:15pm Flower Arrangements -R3
3:15pm Coffee Chat -A3
3:45pm Catholic Mass -A3
4:45pm Bean Bag Bocci -R3
7:15pm **Entertainment: Roger Hill -A5**

9:45 am Exercise-R3
10:30am **Country Ride -O4**
12:00pm Basketball Toss -R3
1:30pm Table Stretch - R4
2:15pm Lemonade and Laughter -R3
3:00 pm Word Association -R3
3:30pm Artists Pen -R3
4:45 pm Everyday Life Trivia -R5
6:30pm Bingo -R5
7:15pm Video Sing-a-long-L8

9:45am In the News-R3
10:15am Zumba -R3
11:15am Finish the Phrase -R2
12:00pm Drum Circle -R4
1:30pm Table Ball -R6
1:45pm Walk to Ice Cream Parlor
2:15pm **Entertainment: Saxman Slim -A4**
3:30pm Trivia Challenge -R4
4:15pm It's Puzzling -R4
7:15pm Movie Night -L7
Armed Forces Day

9:45am Exercise -R4
10:15am **Catholic Communion -R8**
10:30am **Mass on TV -A8**
10:45am Light Up Bean Bag Toss -R4
11:30am Sing-A-Long -R4
1:30pm Walking Club -R4
2:15pm **Worship Service -A4**
3:30pm Bingo -R4
4:45pm Indoor Golf -R7
6:30pm A thru Z -R4
7:00pm Music Video -L4
Ocean Week

9:45am Arthritis Exercise -R3
10:30am I Hear Memories -R3
11:15am Over Under -R3
12:00pm Indoor Bowling -R5
1:30pm Green Thumb Club -G6
2:15pm **Music by Brian Beaudry -R5**
3:15pm Sip and The Titanic -R6
3:45pm Table Talk -R6
4:45pm Corn Hole Toss -R5
6:30pm Bingo -R5
7:15pm Classic TV shows -L5
Victoria Day (Canada)

9:45am Stretch and Flex-R6
10:30am What's in the Bag? -R6
11:15am Dance Break -R6
12:00pm Book Club -R6
1:30pm Table Ball -R3
2:15pm Chefs Corner -R3
3:15pm Bingo- R3
4:00pm Nail Décor- R3
4:45pm Outburst -L3
7:15pm **Entertainment: Lyle Stang -A10**

9:45am Music and Exercise -R3
10:45 am Rosary with Martha -R3
11:15am Parachute Fun -R5
12:00pm Everyday Life Trivia -R5
1:30pm Table Stretch -R6
2:15pm Memories in the Making (Painting) -R6
3:15pm Snack & Poetry -R6
3:45pm Its Puzzling -R6
4:45pm Take Five -L5
6:30pm Bingo -R5

9:30am Strength Exercise -R6
10:00am **Communion Svc. -A6**
10:30am Easel Escapades -R6
11:00am Horseshoes -R6
11:30am The Amazing Sea Turtle -R6
1:30pm Walking Club -L3
2:15pm Just Desserts -R3
3:15pm Greenhouse Volunteers -R3
3:45pm Cardo -R3
4:45pm Bean Bag Bocci -R3
7:15pm **Entertainment: Mike Horning -A5**
World Turtle Day

9:45 am Exercise-R3
10:30am **Country Ride -O4**
12:00pm Basketball Toss -R3
1:30pm Table Stretch - R4
2:15pm Lemonade and Laughter -R3
3:00 pm Penny Pitch Game -R3
3:30pm Artists Pen -R3
4:45 pm Everyday Life Trivia -R5
6:30pm Bingo -R5
7:15pm Video Sing-a-long-L8

9:45am In the News -R3
10:15am Music and Exercise -R3
11:15am Finish the Phrase -R2
12:00pm Corn Hole Toss -R4
1:30pm Dance Break -R6
1:45pm Walk to Ice Cream Parlor
2:15pm **Entertainment: Niagara Clarinet Quartet -A4**
3:30pm Trivia Challenge- R4
4:15pm The Memorial Day Poppy -R4
7:15pm Movie Night -L7

9:45am Exercise -R4
10:15am **Catholic Communion -R8**
10:30am **Mass on TV -A8**
10:45am Light Up Bean Bag Toss -R4
11:30am Sing-A-Long -R4
1:30pm Walking Club -R4
2:15pm **Left Right Center -r4**
3:30pm Bingo -R4
4:45pm Indoor Golf -R7
6:30pm A thru Z -R4
7:00pm Music Video -L4
History Week

9:45am Arthritis Exercise -R3
10:30am I Hear Memories -R3
11:15am Memorial Day Poems -R3
12:00pm Indoor Bowling -R5
Barbecue Lunch
1:30pm Green Thumb Club -G6
2:15pm **Memorial Day with Dave Gawronski -A5**
3:45pm Junk Drawer Detective -R6
4:45pm Corn Hole Toss -R5
6:30pm Bingo -R5
7:15pm Classic TV shows -L5
Memorial Day

9:45am Stretch and Flex-R6
10:30am "Unsolved" Mysteries -R6
11:15am Dance Break -R6
12:00pm Book Club -R6
1:30pm Table Ball -R3
2:15pm Chefs Corner -R3
3:15pm Bingo- R3
4:00pm Nail Décor- R3
4:45pm Outburst -L3
7:15pm **Faith Sing-A-Long -A10**

9:30am **Tour Buffalo Naval Park -O4**
9:45am Music and Exercise -R3
10:45 am Rosary with Martha -R3
11:15am Sing-A-Long -R5
12:00pm Everyday Life Trivia -R5
1:30pm Table Stretch -R6
1:45pm **Cheektowaga Historical Museum -O4**
2:15pm Memories in the Making (Painting) -R6
3:15pm Snack & Poetry -R6
3:45pm Its Puzzling -R6
4:45pm Take Five -L5
6:30pm Bingo -R5

9:30am Strength Exercise -R6
10:00am **Communion Svc. -A6**
10:30am Missing Vowels -R6
11:00am Horseshoes -R6
11:30am Finishing Lyrics -R6
1:30pm Walking Club -L3
2:15pm Just Desserts -R3
3:15pm Greenhouse Volunteers -R3
3:45pm Cardo -R3
4:45pm Bean Bag Bocci -R3
7:15pm **Entertainment: Kathy Carr -A5**

9:45 am Exercise-R3
10:30am **Country Ride -O4**
12:00pm Basketball Toss -R3
1:30pm Table Stretch - R4
2:15pm Lemonade and Laughter -R3
3:00 pm Family Tree Fun -R3
3:30pm Artists Pen -R3
4:45 pm Everyday Life Trivia -R5
6:30pm Bingo -R5
7:15pm Video Sing-a-long-L8

Staff: 1-Lee 2-Recreation staff 3-Sheila 4-Patty 5-Shawn 6-Linda 7-Marissa 8-Volunteer- 9-independent 10-Cyndy #-independent Room: D-Main dining Room G-Greenhouse A-Activities Room (AL side) L-Living Room O-Outing R-Recreation Room C-Chestnut Lounge W-Wellness room LL-Lilac Lounge P-Patio. Questions regarding Recreation may be brought to Lee in Recreation. Recreational supplies for individual pursuits are available in the Recreation room. Calendar is subject to change.