

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019



## Recreation Calendar for Orchard Heights Assisted Living

<p>9:30am Exercise to Music –R3 10:30am Mass on TV-R3 11:30pm Room visits 1:15-2:15pm Nail Decor-R9 2:15pm Worship svc-R9 3:30 pm Bingo-R9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 6:00pm Superbowl Party-LCW9</p>	<p>9:30 am Bands and Weights workout-R6 10:00am Austin and Wilbur visit- 10:15am Making Chocolate-R6 1:30pm Walking Club-W6 2:30 pm Valentine Craft-R6 3:30pm Wii Games-R6 4:45pm Liberace Music-R9 5:45pm Rummikub-G9 7:15pm Bingo -R5</p>	<p>9:30am Armchair Yoga-R3 10:15am Chinese Tea-R3 1:45pm Walking Club R3 2:15 pm Red Dragon Tai Chi Demo-R3 3:30pm Rosary w/ Martha-R8 3:45pm Nail Décor-W6 4:45pm &amp;5:45pm Rummikub-G9 7:15pm Concert-Cathy and Betty-R9</p>	<p>9:30 am Armchair Dancing-R6-New 10:15am Rosary-R8 10:45am Bible Study-R6 11:00am Mass at St. Bernadettes-04 10:45am Nail Decor-L6 1:30pm Independent Pinochle-A8 2:00pm Ride To Antoinettes-04 2:30pm Recreation Planning Comm.-R6 3:15pm Indoor Bowling-R6 4:45pm &amp;5:45pm Rummikub-G9 7:15pm Bingo-R5</p>	<p>9:20 am Arthritis Exercise- -R3 10:00am Communion Svc.-R3 11:00am Room visits 11:30am Welcome Lunch-R3 2:00pm Eyeglass care-LB3 2:15pm Art Lessons -A6 2:30pm 65 Cards-LB7 3:30pm Singing Telegram Rehearsal-R6 4:45pm Family Feud-L8 5:45pm Walking Club-I6 7:15pm CONCERT-Peter Van Scozza- Classical music-R6</p>	<p>9:00am Ohana 100 Trip-R3 9:30 am Ballroom Exercise/Cast your vote for Ground hog Day-R3 10:15am Hot Topics-R3 11:15am Friendly visits 1:45pm 20 Min.Workout-R6 2:15pm Mall Walking-R6 2:15am Welcome Wagon Meeting-L6 3:15pm Card making workshop-R6 4:45pm &amp;5:45pm Rummikub-G9 7:15pm Bingo-R10</p>	<p>9:30am Zumba –R5 10:30 am Make Groundhog Dirt Pie-R5 10:30am Independent Scrabble-R5 1:30pm Walking Club- L2 2:15pm CONCERT-Kirk McWhorter-R5 3:30pm Shadow Dancing video-R5 4:45pm Rummy 500-R7 7:15pm Saturday Night Movie-R7</p>
<p>9:30am Exercise to music –R3 10:30am Mass on TV-R3 11:30pm Room visits 1:15-2:00pm Nail Decor-R9 2:15 pm Singing Valentine Rehearsal 3:30pm Bingo-R9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 6:30 pm Gone with the Wind Pt.2-R4</p>	<p>9:30am Bands and weights work out-R6 10:15am Making more candy-R6 1:30pm Walking Club-W6 2:15pm Name that Breed of Dog-R6 3:30pm Wii- Bowling-R6 4:45pm Opera Music-R5 5:45pm Rummikub-G9 7:15pm Bingo -R5 Westminster Dog Show on TV starting at 8:00 am</p>	<p>9:30am Armchair Yoga-R3 10:00am Michelle and Bailey visit 10:15am Tri Bond-R3 11:00am Indoor Golf Putting-L6 1:45pm Tai Chi-C6 2:15pm Gourmet Cooking Demo-R8 3:30pm Rosary w/ Martha-R8 3:45pm Nail Décor-C6 4:45pm &amp;5:45pm Rummikub-G9 7:15pm CONCERT-Cyrus on Piano-R9</p>	<p>9:30 am Armchair Dancing-R6-New 9:30 am Shop at Big Lots-R3 10:15am Rosary-R8 10:45am Bible Study-R6 1:30 pm Independent Pinochle-A8 1:45pm Dawn to Dusk Art Show at Melbohm Fine Arts 2:15pm Nurse Chat-R3 3:15pm How well do you know your neighbor-L3 4:45pm &amp;5:45pm Rummikub-G9</p>	<p>9:20am Arthritis Exercise- R5 10:00am Communion Svc.-R3 11:30am Room visits Couples Luncheon 2:00 pm Singing Valentine Delivery 3:00pm Terry Buchwald perfoms-R8 4:45pm Wheel of Fortune-W8 5:45pm Walking Club-I6 7:15 pm Name that Love Song-R5</p>	<p>9:20am Snowball Exercise-R3 10:15am Hot Topics-R3 11:15am Friendly visits 2:15pm Snow Cone Social-R6 3:30pm Snowman Craft-R6 4:45pm &amp;5:45pm Rummikub-G9 7:15pm Bingo-A10 6:30pm OP Symphony Concert-04</p>	<p>9:30am Zumba-R3 10:30am Computer Creations-R3 10:30 am Independent Scrabble-R5 1:30pm Walking Club-L5 2:15pm Wild Spirit-Winter Wildlife-R5 3:30pm Unscramble plus-L2 4:45pm Skipbo-R7 7:15pm Saturday Night Movie-R7</p>
<p>9:30am Exercise to music –R3 10:30am Mass on TV-R3 11:30pm Room Visits 1:15-2:00 pm Nail Decor-R9 2:15 pm Worship svc-R9 3:30pm Bingo-R9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 7:00pm Travelogue-R4-</p>	<p>9:30am Bands and weights work out-R6 10:30 am How well do you know the Presidents?-R6 1:30am Walking Club-W6 2:15pm Pres. Trumps fav. Chocolate Cake-R6 3:30pm Wii-Games -C3 4:45 pm Classical Music-R5 5:45pm Rummikub-G9 7:15pm Bingo -R5</p>	<p>9:30am Armchair Yoga-R3 10:00am Bridge Club with Shirley-R8 10:15am Book Club –L3 11:00 am Corn Hole Toss-W3 1:45pm Tai Chi-C6 2:15pm Carol and Tally the dog visit 2:30pm Head banz Game-A6 3:30pm Rosary w/ Martha-R8 3:45pm Nail Décor-L6 4:45pm &amp;5:45pm Rummikub-G9 7:15pm CONCERT-Lyle Stang-R9</p>	<p>9:30 am Armchair Dancing-R6-New 10:00am Mail Walking-04 10:15am Rosary-R8 10:45am Bible Study-R6 1:30 pm Independent Pinochle-A8 1:30pm Tour of Nash House-04 2:15pm Chef Chat-R3 3:15pm Puzzles Plus-L3 4:45pm &amp;5:45pm Rummikub-G9 7:15pm Comedy Club night-R3</p>	<p>9:20 am Arthritis Exercise- R3 10:30am Men's Explorer Group-W5 11:30am Room visits 1:45pm Afternoon Stretch-R3 2:15 pm Art Lessons -A6 2:30pm 65 Cards-LB7 3:30pm Rosary-R9 3:45pm Catholic Mass w/Rev. Bassey-R8 4:45pm Erma Bombecks wisdom-R8 5:45pm Walking Club-I6 7:15pm CONCERT- Tony Pedulla-R6</p>	<p>9:30am Ballroom Exercise-R6 10:15am Bingo-R10 11:15am Friendly visits 1:45pm Balancing Act Exercises-R6 2:15pm Country Ride-04 2:30pm Bingo-A10 3:45pm LRC-A6 4:45pm &amp;5:45pm Rummikub-G9 7:15pm Concert-Terry Barber-R7</p>	<p>9:30am Exercise to Music –R9 10:30am Bead Creations-R9 10:30am Independent Scrabble-R5 1:30pm Walking Club-L6 2:15pm CONCERT-Mari Mc Neil-R5 3:30pm Brain Games-R2 4:45pm Rummy 500-R7 7:15pm Saturday Night Movie-R7</p>
<p>9:30am Exercise to music –R3 10:30am Mass on TV-R3 11:00am Room visits 1:15-2:00 pm Nail Decor-A9 2:15pm God's Glory with Jim Sztaba-R8 3:30pm Bingo-A9 4:30 pm Pinochle/Euchre-R4 5:30 pm Rummikub-G9 7:00pm Travelogue-R4</p>	<p>9:30am Bands and Weights workout-R6 10:30 am Make Sweet Potato Pies-R6 1:30am Walking Club-W6 2:15pm Remembering the Marx Brother-R6 3:30pm Wii-Bowling -C3 4:45 pm Music from Musicals-R5 5:45pm Rummikub-G9 7:15pm Bingo -R5</p>	<p>9:30am Armchair Yoga-R3 10:15am Book Club –R3 11:00am A through Z Songs-R3 1:45pm Tai Chi-C6 2:15pm Resident Monthly Meeting-R1 3:30pm Rosary w/ Martha-R8 3:45pm Nail Décor-C6 4:45pm &amp;5:45pm Rummikub-G9 7:00pm Faith Sing a long-R9</p>	<p>9:30 am Armchair Dancing-R6-New 9:15am Morning at the Casino-04 10:15am Rosary-R8 10:45am Bible Study -R6 1:30pm Independent Pinochle-A8 2:00pm Aurora History museum trip-04 2:15pm 3:30 pm Soul Food Dessert Social-R3 4:45pm &amp;5:45pm Rummikub-G9 7:15pm Bingo-R5</p>	<p>9:20 am Arthritis Exercise- R3 10:00am Communion Svc.-R3 11:30am Room visits 1:45pm Afternoon Stretch-R3 2:15 pm Art Lessons -A6 2:30pm 65 Cards-LB7 3:30pm Men's Tinkerers Club-R6 4:45pm Jeopardy-L8 5:45pm Walking Club-I6 7:15pm Understanding Alzheimers and Dementia-R1</p>	<p>Staff Key: 1. Lee 2. Marissa 3-Sheila 4-Patty 5-Shawn 6-Linda 7-Cyndy 8-Volunteer 9-independent 10-Ed</p> <p>Room key: D- Main dining Room WP-Willow Patio A-Art Gallery O-Outing R-Recreation Room C-Chestnut Lounge L-Lilac Lounge LB-Library W-Willow Lounge P-Patio/Parlor I-Ice cream parlor area F- Family Room.</p> <p>This calendar is subject to Change. Please contact Lee</p>	

